

**CERVICAL MEDIAL BRANCH BLOCK UNDER FLUOROSCOPY
SIDE LYING**

PROCEDURE:

- 1) A medial branch blocks
- 2) Fluoroscopic needle guidance

REASON FOR PROCEDURE: Cervical arthropathy and pain

PHYSICIAN:

MEDICATIONS INJECTED: 1 mL of 1% lidocaine at each level

LOCAL ANESTHETIC INJECTED: None

SEDATION MEDICATIONS: None

ESTIMATED BLOOD LOSS: None

COMPLICATIONS: None

TECHNIQUE: Time-out was taken to identify the correct patient, procedure and side prior to starting the procedure. Lying in a side-lying position, the patient was prepped and draped in the usual sterile fashion using DuraPrep and a fenestrated drape. The level was determined under fluoroscopy. The 25-gauge 2-inch needle was introduced to the anatomic location of the medial branch at the lateral mass utilizing intermittent fluoroscopy. Medication was then injected slowly.

The procedure was completed without complications and was tolerated well. The patient was monitored after the procedure. The patient (or responsible party) was given post-procedure and discharge instructions to follow at home. The patient was discharged in stable condition. A follow-up appointment was made.

Pre-procedure pain score: 9/10

Post-procedure pain score: 0/10

Notes: Talk about relief since last injection, or any interim events if you haven't seen them in clinic since the last injection, or improved function examples. Maybe mention a particular positioning change for that patient or that they were especially sensitive to the lidocaine sticks. Add anything that will help you on your next injection.