

INTERCOSTAL NERVE BLOCK

PROCEDURE:

- 1) A intercostal nerve block
- 2) Fluoroscopic needle guidance

REASON FOR PROCEDURE: B intercostal neuralgia

PHYSICIAN:

MEDICATIONS INJECTED: 1 ml of Depo-Medrol (40 mg) plus C mL of 1% lidocaine. 3 ml at each level.

LOCAL ANESTHETIC INJECTED: None

SEDATION MEDICATIONS: None

ESTIMATED BLOOD LOSS: None

COMPLICATIONS: None

TECHNIQUE: Time-out was taken to identify the correct patient, procedure and side prior to starting the procedure. Lying in a prone position, the patient was prepped and draped in the usual sterile fashion using DuraPrep and a fenestrated drape. The target intercostal nerve was fluoroscopically visualized, and then a 25-gauge, 2-inch needle was used to proceed down to the inferior aspect of the rib. The needle was then walked off inferiorly until it dipped down to just below the rib. After a negative aspiration, Omnipaque 240 contrast was used to confirm spread along the undersurface of the above named rib. An equal portion of the above injectate was then given at this level, and any additional level that was given above.

The procedure was completed without complications and was tolerated well. The patient was monitored after the procedure. The patient (or responsible party) was given post-procedure and discharge instructions to follow at home. The patient was discharged in stable condition. A follow-up plan was made.

Pre-procedure pain score: 9/10

Post-procedure pain score: 0/10

Notes: Talk about relief since last injection, or any interim events if you haven't seen them in clinic since the last

injection, or improved function examples. Maybe mention a particular positioning change for that patient or that they were especially sensitive to the lidocaine sticks. Add anything that will help you on your next injections.