

## KNEE INJECTION - SYNVISIC ONE

### PROCEDURE:

- 1)   A   knee joint injection
- 2) Synvisc One (6 mL) injection x   B
- 3) Fluoroscopic needle guidance

REASON FOR PROCEDURE:   C  

### PHYSICIAN:

LOCAL ANESTHESIA: 5 mL of 1% lidocaine

MEDICATIONS INJECTED: Synvisc One 6 mL (per side)

SEDATION MEDICATIONS: None

ESTIMATED BLOOD LOSS: None

COMPLICATIONS: None

**TECHNIQUE:** Time-out was taken to identify the correct patient, procedure and side prior to starting the procedure. With the patient lying in a supine position with the knees flexed about 30 degrees, the patient was prepped and draped in the usual sterile fashion using DuraPrep and a fenestrated drape. The knee joint line was determined under fluoroscopy. Local anesthetic was given by raising a skin wheal and going down to the hub of a 27-gauge 1.25-inch needle. A 22-gauge 3.5-inch Quincke needle was advanced under intermittent fluoroscopy. When the tip of the needle was thought to be in the appropriate position, aspiration was attempted to confirm intraarticular placement and to remove excess synovial fluid. Omnipaque 240 was then injected to confirm intraarticular spread. Synvisc One 6 mL was then injected slowly.

The procedure was completed without complications and was tolerated well. The patient was monitored after the procedure. The patient (or responsible party) was given post-procedure and discharge instructions to follow at home. The patient was discharged in stable condition. A follow-up appointment was made.

Pre-procedure pain score: 9/10

Post-procedure pain score: 0/10

**Notes:** Talk about relief since last injection, or any interim events if you haven't seen them in clinic since the last injection, or improved function examples. Maybe mention a particular positioning change for that patient or that they were especially sensitive to the lidocaine sticks. Add anything that will help you on your next injection.