

LUMBAR FACET JOINT INJECTION UNDER FLUOROSCOPY

PROCEDURE:

- 1) A facet joint injection(s)
- 2) Fluoroscopic needle guidance

REASON FOR PROCEDURE: Lumbar facet arthropathy and pain

PHYSICIAN:

MEDICATIONS INJECTED: 1 mL Kenalog (40 mg) and B mL of 1% lidocaine. 1 mL of injectate per level.

LOCAL ANESTHETIC INJECTED: 4 mL of 1% lidocaine per level

SEDATION MEDICATIONS: None

ESTIMATED BLOOD LOSS: None

COMPLICATIONS: None

TECHNIQUE: Time-out was taken to identify the correct patient, procedure and side prior to starting the procedure. With the patient lying in the prone position, the patient was prepped and draped in the usual sterile fashion using DuraPrep and a fenestrated drape. The above-named levels were determined under fluoroscopy. Local anesthetic was given by raising a skin wheal and going down to the hub of a 27-gauge 1.25-inch needle. The 22-gauge 3.5-inch Quincke needle was introduced into each facet joint above. After a negative aspiration to make sure that there was no intravascular placement, Omnipaque 240 was also injected to confirm intraarticular spread, and confirm no vascular runoff. Medication was then injected slowly.

The procedure was completed without complications and was tolerated well. The patient was monitored after the procedure. The patient (or responsible party) was given post-procedure and discharge instructions to follow at home. The patient was discharged in stable condition. A follow-up appointment was made.

Pre-procedure pain score: 9/10

Post-procedure pain score: 0/10

Notes: Talk about relief since last injection, or any interim

events if you haven't seen them in clinic since the last injection, or improved function examples. Maybe mention a particular positioning change for that patient or that they were especially sensitive to the lidocaine sticks. Add anything that will help you on your next injection.