

LUMBAR MEDIAL BRANCH BLOCK UNDER FLUOROSCOPY

PROCEDURE:

- 1) A medial branch block and L5 dorsal primary ramus block
- 2) Fluoroscopic needle guidance

REASON FOR PROCEDURE: Lumbar arthropathy and pain

PHYSICIAN:

MEDICATIONS INJECTED: 1 mL of 1% lidocaine at each level

LOCAL ANESTHETIC INJECTED: 4 mL of 1% lidocaine per site

SEDATION MEDICATIONS: None

ESTIMATED BLOOD LOSS: None

COMPLICATIONS: None

TECHNIQUE: Time-out was taken to identify the correct patient, procedure and side prior to starting the procedure. Lying in a prone position, the patient was prepped and draped in the usual sterile fashion using DuraPrep and a fenestrated drape. Each site was identified under fluoroscopy. Local anesthetic was given by raising a wheal and going down to the hub of a 27-gauge 1.25-inch needle. The 25-gauge 3.5-inch Quincke needle was advanced to the anatomic location of each medial branch at the junction of the superior articular process and transverse process utilizing intermittent fluoroscopy. Medication was then injected slowly.

The procedure was completed without complications and was tolerated well. The patient was monitored after the procedure. The patient (or responsible party) was given post-procedure and discharge instructions to follow at home. The patient was discharged in stable condition. A follow-up appointment was made.

Note: The patient has been instructed to call us in 2-3 hours to inform us what percentage of pain relief was obtained after the facet nerve blocks from today. The patient was also instructed to do the activities that would normally worsen the pain.

Pre-procedure pain score: 9/10

Post-procedure pain score: 0/10

Notes: Talk about relief since last injection, or any interim events if you haven't seen them in clinic since the last injection, or improved function examples. Maybe mention a particular positioning change for that patient or that they were especially sensitive to the lidocaine sticks. Add anything that will help you on your next injection.